

WINTER NEWSLETTER 2017

STAFF CHANGES

Dr Lovegrove will be taking a sabbatical in November, December and early January. To cover Dr Lovegrove's absence Dr Jo-an Dovaston will join us from 20th November until he returns mid-January.

Dr Edward Allen will join the clinical team in early January. Dr Allen will be working Tuesday-Friday.

After a long service to Victoria Surgery our Nurse Practitioner Julie Tozer is retiring in early December. We are very grateful to the dedication Julie has shown to her patients and the surgery in the last 27 years and wish her well in her retirement.

Our Nursing Team will be supported from early December by our new Practice Nurse Shelley Birnie. Shelley will be working in the surgery Tuesday-Friday.

Julie Iggulden joins the Surgery to work in our secretarial team. Julie has worked for many years at West Suffolk Hospital.



CQC VISIT

The CQC concluded their follow up visit to the surgery on 16th October and we are pleased to say we have been rated as a "Good" Practice in all categories.

CHRISTMAS HAMPER

Raffle tickets will be available to purchase on reception. The chosen charity this year is Young Minds. Young Minds support the mental health of children and young people in our community.
www.youngminds.org.uk

GP PLUS

GP+ offers appointments at The West Suffolk Hospital on weekdays 6.45-9pm and on Saturdays and Bank Holidays 9am-2pm these appointments can be booked via our reception and are aimed at those who find it difficult to attend in our opening hours

NEW SURGERY WEBSITE

The new website will be launched in late December, early January. The updated website will provide access to a hub allowing patients to book online appointments, and repeat prescription ordering.

HOW TO MANAGE YOUR CONDITIONS AND HELP THE NHS.

How can we help to save money? The NHS Suffolk spent £3,417,719 on prescribing for the conditions below (2015/2016). You can help by buying some of your own treatments – full details are over leaf

ALLERGIES

£440,145 cost to local NHS

to you £1.55 for 28 day supply

= 20 more community nurses

VITAMINS

£32,365 cost to local NHS

to you £2.75 for 90 tablets

= 1.5 more paramedics a year

PARACETAMOL

£1,064,520 cost to local NHS

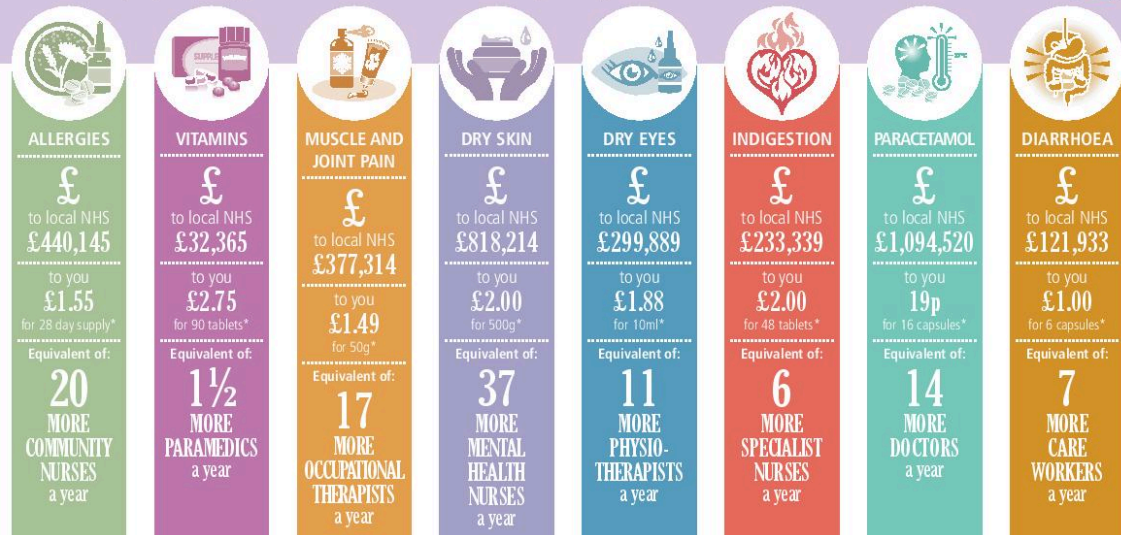
To you 19p per 16 capsules

= 14 more doctors per year



How to manage your conditions and help the NHS

The NHS in Suffolk spent **£3,417,719** on prescribing for all these conditions in 2015/16. You can help by buying your own treatments. It is cheaper to you than it is for the NHS.**



Look at www.nhs.uk for advice on how to stay well and reduce symptoms for minor conditions. Make sure you have enough of the medicine you need.

*All prices are based on a quick search of the cheapest available product in your local pharmacy (as at May 2016). **It costs more to the NHS than the purchase price from pharmacies and supermarkets because the NHS price is set nationally and additional fees are added to cover the process of checking and dispensing the prescription. There are also costs to the NHS associated with GP and nurse appointments and time spent by prescription clerks.

